1日1フレーズ!生英語 Plus 2024: フレーズリスト

	January	February	March	April	Мау	June
WEEK1	Get a kick out of	Almost	Count your blessings	I knew you could do it.	Unwind	l would like to think that
	How do you say in English?	Can we get separate checks, please?	My parents' (home)	Check in	By accident / Accidentally	While you're at it
	It doesn't hurt to	I get that a lot	not enough	It's about time	Help yourself to	Knock on wood
	I can't stand	I knew it	Day in and day out	Forget something	Significant other	Nail-biter
WEEK2	Back away	Clever	Room for	Debt	Think back to	Pack up and go
	Uncool	Soft spot for	Blow up	Who wants to?	Break out	At the end of the day
	Somewhat	Ulterior motive	The bottom line	It just happened to be that way	Doll up	Time frame
	It's no big deal	Fitting	Take into account	I have to admit	Festive	Draw back
WEEK3	Mix up	On the flip side	On one's way	On the fence	What's the damage?	Stuffed
	A for effort	Naturally curly hair	In the works	Go viral	You might want to	Not get around to doing something
	In season	Pile of	Pull for	A ways to go	Iffy	I could have sworn
	Push back	Not cut out for	Fussy	Go down	Roll over	Heads-up
WEEK4	Not detail-oriented	Cunning	Glitter	Trick someone into	Don't spend too much time on it	Bummer
	Understand the situation	Please feel free	In retrospect	Right on	Renowned	Shoot the breeze
	Cost a fortune	Tight spot	Unreliable	Handmade	Snooze	Never keep one's word
	No hard feelings	(be) on cloud nine	Rough / Roughly	Insufficient	Beat up	Push someone's buttons

	July	August	September	October	November	December
WEEK1	Splurge	I don't know what to do	Good old days	Appreciate	Nerd	That's a major upset!
	Me time	Pick out	A pain in the neck	Shady	It's freezing today!	Are you all set?
	Maybe it's just me but	I feel you	Grab food/drinks	challenge	Hardly ever	Be on/at the tip of one's tongue
	Sunburn	How do you like	Do you want to?	I'm good	Think something through	Anxious
WEEK2	In general	On a regular basis	Millennial	Inconsiderate	Gray area	Look (for) in the wrong place
	Oftentimes	Listen to one's body	Stick to	Make someone look	Police	I was like
	Some kind of	Clear one's head	What the heck	Ghost	Turn out	Throw away
	Be hooked on	Trick	Inadequate	Have the courtesy to	Wishy-washy	Get to do something
WEEK3	Grow out of	Butterflies in my stomach	Get something out of the way	Get back into	Better half	Nice and
	Wear one's heart on one's sleeve	Keep someone in the loop	Graveyard shift	Out of town	A little something	Terrible twos
	ETA	Lose one's train of thought	More than happy to	It is what it is	FOMO	There is always room for dessert.
	Act like a baby	Not comfortable	Sounds like a plan	Fall is the best season for	Teething	I feel off
WEEK4	Wobbly	This is the best price we can offer	Can you cover my shift tonight?	I'm afraid	I am on my way / I am on the way	You are cutting it close.
	Lie about one's age	Can you look it up?	Do whatever it takes	What are you implying?	Roll out the red carpet	Bittersweet
	Throw someone off	It comes with the territory	Just in case	Is this the discounted price?	You're taking on too much	Know a lot of people
	Let (my) guard down	Out of fashion	You got me	Stand out	I'll show you around	So-called

👈 Hapa Eikaiwa